



# APPROACHES

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**Thresholds: Skype supervision and the liminal within a 'journey of two' — Maria Radoje & Sally Pestell**

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## ABSTRACT

In this report a trainee music therapy supervisor and a newly qualified supervisee explore their different perspectives of music therapy supervision within the context of what Amir (2001a) describes as a 'journey'. It is written as a series of reflections, aimed at stimulating discussion and awareness about liminal and intuitive processes through the writers' experiences of working in a virtual, dreaming space. Through examination of clinical material, transference and counter-transference processes, and acknowledgement of the symbolic, the writers detail how this liminality impacted the supervisory relationship, the clinical work, and the relationship to the training institution. The authors conclude with thoughts on how this enhanced their practice.

## KEYWORDS

Skype, supervision, dementia, music therapy, Guided Imagery and Music

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